

Definitive depilation (almost...) with laser Nd-Yag.

A lot of words have been said about the laser depilation, you can find a lot of articles and book about this subject. Do not talk about what you can find on the net. First of all it has to be reminded that laser of



class 4, the most efficient for depilation, can be manipulated only by doctors, and better if they are expert in this field.

I also have to underline that most of the time people talk about definitive depilation, but actually it is very lasting, but not eternal. In fact, by the time goes by, some hair reappears again and some sessions of retouching are necessary.

On average, the results are usually good for many years, from 6/7 till 10!

I personally use laser Neodimio-Yag, which allows a very efficient depilation. Beside, the laser I use, has an integrated system of cooling that allows avoiding all the damages due to heat and burning of any kinds. Beside this, I use a particular gel that has also an action of cooling, very useful and pleasant.

It is fundamental that dark hairs are treated, better if black, because this type of laser "reads", as cromophoro, dark brown and black hairs. If the hairs are white or blonde, the laser will not have any effects. All kind of hairs can be treated; the ones of the underarms, groin, back and chest (especially in men) are more sensible. Also legs and tights can be treated with very good results, and the moustaches of the upper lip.

The energy destroys the piliferous follicle, that contains melanin and so the laser light can efficiently read it.

In only one session it is not possible to destroy the totality of hairs, because they are in a different vital moments.

In every session, in fact, we can eliminate a percentage of hair from about 25% to 50%.

In fact only the hairs in a phase of active growth ([anagen phase](#)) will be sensible to the treatment. ([other news about the cycle of hairs : click here](#))

To obtain good results, we need 3/4 sessions to a maximum of 7 or 8.

How the session takes place?

During the first visit, we need to talk a little bit to make an accurate anamnesis and to see the indications and possibilities of results.

Then, the patients will sign an informed consent, which will allow me not to forget anything while the patient will get to know the most important things.

Then, the number of sessions will be decided and the break between one and another.

The patient does not have to be tanned and he does not have to expose to the sun for at least 30 days.

The patient has to shave with a razor 24 hours before the session. The hair should be out about 1 millimeter and they should be "read" touching them with the hand.

The duration of a session is changeable, according to the extension of the zone that needs to be treated,

to the patience of the patient (and often the doctor!), and to the quantity of hairs. It can last from a minimum to 10 minutes to a maximum of an hour.

There are not any dangers of over-dosage.

Normally the pain is absolutely tolerable, even though people who are full of hairs can feel a sensation of burning a little bit more.

In the end of the treatment, it is possible to see a light erythema, which disappears after few hours.

Rarely it is possible to see some scabs, which disappears after few days.

What do you do after the treatment?

For at least one month, you cannot expose to the sun, or go tanning.

I normally prescribe an hydrating lotion made of hyaluronic acid, but if you feel the burning you can use also a lotion made of cortisone for one or two days.

Do you want to see the informed consent for laser 1064? <[CLICK HERE](#)>

Do you want to see the informed consent for laser 532? <[CLICK HERE](#)>