

**Here it comes the national list of aesthetic doctors with four years diploma certified by the Superior Post-University School of Medicine with Aesthetic Address and by the International School of Aesthetic Medicine of the International Foundation Fatebenefratelli in Rome.**

Finally everyone can check, with an easy "click", if the aesthetic doctor, to whom he talked to, got a diploma released by the Four Year Post-University School of Aesthetic Medicine. "I want to highlight that every graduate in medicine and surgery can practice every type of performances, with the only exception of radiology, anesthesiology and reanimation, for which you need a specific specialization – said the president of Agorà **Alberto Massirone** – but every Aesthetic Doctor, as every specialist doctor, defined as above, needs a specific preparation that a Four Years School, as any other schools of specialization, can give".

To give an element of clearness to safeguard both the users and the doctors, the two Four Years Schools of Aesthetic Medicine, that have been active for more than twenty years and that already gave a diploma to thousands of professionals, activated the municipal web site – [www.mediciestetici.it](http://www.mediciestetici.it) – that reports the entire list of doctors who got a four years diploma in Aesthetic Medicine. "Any manifest of infallibility because the medicine remains a science tied to the practice of the single professional – says Massirone – but an indisputable element that the doctor, who appears on the list, achieved with profit and success a formation that does not only face the problems tied to blemish, to whom a wide theoretical-practical formation is dedicated, but it outlines the most suitable therapeutic lines with specific products and right technologies to give the best result to the user using those techniques well-consolidated with the years that did demonstrate to have the widest margin of possible security. But Aesthetic Medicine does not stop here; it goes from inside Medicine to Physical and Rehabilitative Therapy, from Orthopedics to posturology, from Science of Nutrition to Endocrinology and Dermatology. It is also able to face typical pathologies related to the aging process, anti-aging and to wellness that have to be guaranteed at every ages of life.

Beside Aesthetic Medicine it also evaluates some problems inherent to Phlebology, it takes care of treatment of thermal Medicine, it uses the most modern protections of Lasersurgery and Lasertherapy and it uses the small Outpatient Surgery (do not confuse it with Aesthetic Surgery) to regularize some blemishes. Aesthetic doctors do not know everything, as it could seem: their formation brings them to give appropriate answers related to their preparation and, entrust when occurs, the specialist for a better and deeper examination of the problem. So, a complex of competences that cannot be led to the single act of correction of the blemish, but it has to be led to a more articulated formative path that does not care for the only specific treatment, but the entire prevention, evolution and improvement of the index of quality of life that only with a specific maturation consolidated in four years of formation can reach.

Web site: [www.mediciestetici.it](http://www.mediciestetici.it)

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**The identikit of an aesthetic doctor.** Specificity of Aesthetic Medicine. A.M. cannot be confused with a medical act that is addressed to the pursuit of only beauty, but with an intervention oriented to the restructuring or rehabilitation of the body harmony in a project that pursue the improvement of vital functions and so, to the wellness and quality of life. The blemish does not have to be confused as only a treatment of a disharmonic aesthetic aspect and so an apparently superfluous act, but as a medical act addressed to diagnostic of the damage or imperfection, from its genesis, to prevention of consequences to the rehabilitation and the treatment of the blemish. Through this so articulated consideration, the aesthetic doctor will be able to guarantee an improvement not only of the blemish, but also of its entire evolution. Due to the complexities of this subjects and their global vision, the Aesthetic Doctor has to have matured a professional preparation followed by a practical one that can give right and correct response to the patient, not acquirable if not with many years of specialized path. To obtain such a preparation, not become trite with the easy execution of a peeling, filler or a laser treatment that is outside the concepts that derive from the deep examination of some branches of traditional medicine, such as inside medicine, physical and rehabilitative therapy, posturology, science of nutrition, endocrinology, dermatology, gerontology (anti-aging), phlebology and lymphology, thermal medicine, gynecology and andrology, small outpatient surgery, Lasersurgery and Lasertherapy, cosmetology, psychology, pain therapy, study and treatment of stress and the quality of sleeping, research of wellness, ect. Here is why an Aesthetic Doctor is not commonplace with a preparation of a single subject (peeling, filler, botulinum toxin...), but he will have to orient in all direction previously mentioned to give the best answer and prevent the evolution of the damage.