



ALMA

Lombard Association Acupuncturist Doctors

school of acupuncture and Chinese medicine

school of qigong and taijiquan

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Milan Live, Spring Party, White Night, Saturday 25.3.06, h: 18 - 20

Room Meetings Dugnani Palace,

2, Manin road Milan, MM 3 Turati, free entrance

Taoism and chinese medicine today

Doctor Carlo Moiraghi, psychotherapeutic doctor, President of the ALMA association

- h: 18 - 19: *Taoism today*, time dedicated to Chinese thought. Through the comment of the passages of the *Taoteching*, the Book about Life and Virtue, a Chinese book from the VI century b.C., that way of life called *Taoism* reveals important indications about today's Western society and yesterday's East society.
- h: 19 - 20: *Chinese medicine today*, time dedicated to the traditional medical methods that were moulded by the Chinese culture, acupuncture and some other therapeutic techniques, among the many physical exercises, *Qigong e Taijiquan*, way of well-being, more and more appreciated and practised today in the West.

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