

Latest news from the 7° International Congress of Aesthetic Medicine of Milan organized by Agorà.

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From October 13 to October 16, 2005 Agorà, an aesthetic medicine school of Milan, organized the 7° International Congress of Aesthetic Medicine in Milan.



During the years this international meeting became a very important appointment and it allowed a lot of doctors to compare themselves and evaluate new techniques.

The Congress took place in two rooms, which faced the most interesting themes that were about the most important aspects of aesthetic medicine.

In particular this year, the congress was closer also to the so-called well being of old patients.

In fact, in the [presentation of the congress](#), [Professor Alberto Massirone](#) director and promoter of the Agorà school of Milan, confirms the major commitment of the aesthetic medicine relative to the treatment of the aging, not only cutaneous, but also organic, to qualitatively improve the years of the "third age".

So, aesthetic medicine takes on the role of a true medicine, tied both to aesthetics and well being.

Many and very important themes of the congress talked about the medical resurfacing of the face and the PANNICULOPATIE and localized adiposities, from aesthetic odontostomatology to dermatology, from trichology and cosmetology in aesthetic medicine, from thermal medicine to aesthetic plastic surgery.

MY REPORTS...

I personally took to the congress two reports on a subject I like a lot, the **polylactic acid**, which is used to remodel the face, in particular for the third inferior, to reduce the ptosis that inevitably comes with the time.

The polylactic acid finds its best indication, as explained in the report about the treatment of the intermandibular region, not only in old people, but also for a tonic person:

[PERSONAL EXPERIENCE IN THE USE OF POLYLACTIC ACID FOR THE UNDER CHIN REGION: THE RADIAL TECHNIQUE.](#)

(A.Redaelli, P Piersini, R.Forte, R.Sommariva)

After the revision of our casistic, it has been possible to calculate with accuracy the incidence of collateral effects that have to be always evaluated with accuracy, before validating determined substances.

From our casistic results that the polylactic acid has a really low incidence of collateral effects and beside, the major part of these collateral effects are due to a non precise technique and so they are potentially avoidable:

[ADVERSE, PRECOCIUOS, LATE EFFECTS BY INFILTRATION OF POLYLACTIC ACID. PERCENTAGE AND CLASSIFICATION AFTER THE REVISION OF OUR CASISTIC.](#)

(A Redaelli, R.Forte, G.Sito, P.Piersini)

The treatment of the PANNICULOPATIE came up against big interest, and in particular for the localized adiposities: a new substance, known for a long time for other goals, has been object of

numerous studies and it has been applied by many doctors with very interesting results: the *phosphatidylcholine*.

EVALUATION, RESULTS AND EFFECTS AFTER A YEAR OF EXPERIENCE WITH THE PHOSPHATIDYLCOLINE.

(A.Massirone, M.Mariotti, S.Noviello, A.Redaeli, N.Tamburlin, M.Triulzi):

the results brought by the authors confirm the validity of this technique in almost 80% of the treated patients. The collateral effects were practically confirmed absent, except for the precocious ones as swelling and irritation of treated zone.

Beside, with the Pharmacologist I have been collaborated for years, we ended and brought to the Congress the results of a study, conducted on some volunteers, about the use of a substance, the acetylasapeptide 3, useful in the treatment of small periorcular and peribuccal wrinkles:

ACETYLESAPEPTIDE-3: THE EVOLUTION IN THE POPIC TREATMENT OF PERIOCLAR AND PERIBUCCAL WRINKLES.

(M.Bandi, B.Catozzi, A.Redaeli):

the results were good and especially all the tolerability and safety tests were in the limits of standards. The parameters of hydration and compliance of the patients improved after a month from the treatment.

BUT ALSO MORE...

In the session of *Plastic Surgery, Professor Perego*, among the other, brought a new surgical technique of remodeling and rejuvenation of the face: the lifting has been re-evaluated; while so far we needed to cut in front of the ears and in the hair of the head zone, now in some cases the cuts can be completely hidden in the hair, also for the rejuvenation of the third inferior of the face,.

If you want to know more about it:

THE INVISIBLE LIFTING, A NEW SURGICAL TECHNIQUE FOR THE REJUVENATION OF THE FACE WITHOUT SCARS.

(F.R.Perego).

This year, Professor *Sidney Coleman*, who talked about his technique of lip restructuring, came back to bring his great experience. The part relative to the rejuvenation of difficult zones, as hands, was very interesting. He obtains unthinkable results with other techniques. Beside, the results brought by the doctor open new horizons due both to filling itself and also to the contribution of progenitor cells that brings to a truly rejuvenation of the tissues.

The invasivity of the procedures and the costs, that limit the diffusion of this beautiful technique, still remain unchanged.

The alimentary and injective integrations used to give the body the substances that tend to reduce with the years, gained a lot of interest and more and more reports are written about it. In particular the amino acids integration, especially with some important amino acids in the cutaneous aging, has been in the middle of the attention in many reports.

Among the many I report these:

OUR EXPERINECE WITH A POOL OF AMINOACIDS IN THE CUTANEOUS BIORESTRUCTURING

(A.Sassu, M.G.Di Russo, R.Forte)

In the dermatological session, I found again the same authors who every year present more and more tolerable peelings and with even best results. Among the many peelings, the Mandelic, brought by Doctor Pelliccia, is very useful for the photoaging.

Doctors Deprez and Ferreira brought us the evolution of the more and more tolerable phenol peelings with apparently good results. Anyways they always remain something surgical and have to be done in the operating room.

The proposal of Doctor Distante is very interesting in this session:

PROPOSAL OF GUIDE LINES IN THE CHOICE OF CHEMICAL PEELING: PROTOCOLS OF TREATMENT IN THE DERMO AESTHETIC PRACTISE.

(F.Distante, M.Belmontesi, P.Piersini, A.Redaeli)

These are some of the subjects considered in this last congress. As you can see, the aesthetic medicine represents more and more a branch of medicine with its own borders and clear competences.

The scientific nature and the experimental jobs were more in number and in the end my evaluation has been very positive.

Also the plastic surgery session, according to the surgeons who participated, has been interesting and full of discussion and growth of all the participants.

However I remain in disposal to anyone who requires further explanations on particular themes I did not talk about in this short report on the 7° International Congress of Aesthetic Medicine of the Agorà school of Milan.