

Cutaneous photo rejuvenation with Laser.

The cutaneous rejuvenation has always been a very important part in the cosmetics of face, but also for hands, neck and décolleté. I am truly convinced that the same person, with the same wrinkles, but with a more treated and clean face, looks absolutely younger.

The care of the skin, but especially the cutaneous derma is very important. This is the reason that brought the birth of numerous less invasive peelings, revitalizations, to feed the deep cutaneous layers and reinforce the derma.

In the past few years a lot of treatments have been adjusted through lasers, which allow a total presentability between a treatment and another, allowing having a normal life even after the session.

This therapy is surely the one chosen for who does not want to undergo invasive treatments, for people who do not have surgical problems, but want to keep and take care not only of visible layer of skin but also the derma, which is its important support.

Today, lasers that can help in this way are many; surely they are not ablative lasers, but soft ones that do not cause burning or wounds.

This is the treatment that our VIPs choose today because they cannot lose even one day of work, but however want to take care of themselves.

How does the treatment work?

It is a combined action of two laser, Neodimio-Yag with a wave length of 1064 nm, and the other one with a wave length of 532 nm.

The laser 532 has an extreme efficiency in the superficial cutaneous structures and it improves the derma, small spots, small wrinkles and it is very efficient on very small capillaries.

Instead, the laser Nd-Yag has a wavelength that allows to reach the deepest layers and so it has an important action on the derma, which is the natural support for the skin.

In fact with the time, the collagen, present in the derma, tends to split and break, and this is the base of cutaneous aging. The exposure to sun is the first and most important factor of skin's deterioration: all of us know very well the difference of colors between a tanned skin and a pale one..

The combination between the two lasers is the winning strategy.

When and which precautions do I have to take to undergo the treatment?

It is better not to be tanned even though the patients with dark skin can be treated with some precautions anyway.

At the moment of the treatment, you should not have had unstructured treatments on skin, peelings and you should not have any diseases.

How does the session take place?

In every session of the treatment the laser 532 is "passed" on the skin and then the laser Nd-Yag 1064, obviously with all the protections.

Usually face, neck and décolleté are treated, but all the body zones can be treated, such as the inner part of arm and the zone of the adductors of legs.

A light reddening can appear, but usually the treatment is not ablative and it does not cause

problems. It is a cutaneous revitalization.

There is no pain during the session and the time wasted does not overcome the 30 minutes. Anesthesia is not needed.

Very few patients feel a light pinching but usually the treatment is well supported.

How many treatments are necessary?

Usually more sessions are needed, on average of 4 to 8, waiting one month from one to another.

Often patients require maintenance sessions twice a year to keep the results.

In fact the chronological age goes on and many people do not want to give up tanning and this treatment represents a great help.

What do we see in the following days?

After few days from the first session it is possible to notice a softer and smoother skin, a discreet reduction of hyperpigmentation and pores.

A modest reddening can be present in the following hours, but it goes away in one day.

A hydrating lotion is always prescribed after the sessions.

INFORMED CONSENT FOR THE THERAPY WITH LASER 1064: <[CLICK HERE](#)>

INFORMED CONSENT FOR THE THERAPY WITH LASER 532 : <[CLICK HERE](#)>