

SUMMER APPETIZER

Ingredients

<i>3 stalks of celery and turnip</i>	<i>15</i>
<i>3 kiwis</i>	<i>60</i>
<i>10 walnuts</i>	<i>250</i>
<i>100 grams of Parmesan cheese</i>	<i>380</i>
<i>2 spoons of olive oil</i>	<i>100</i>
<i>salt and pepper as enough</i>	
<i>total calories (about)</i>	<i>800</i>

Preparation

Grate the celery and the turnip vertically.

Cut the kiwis in cubes, break the walnuts, and reduce in slivers the cheese.

Season and mix the whole thing.

Serve it up cool.