

SWEET AND SOUR SALAD WITH ORANGES

Ingredients for 4 people

<i>4 oranges</i>	<i>50</i>
<i>60 grams of black olives</i>	<i>150</i>
<i>oil, salt and pepper as you prefer</i>	
<i>total calories (about)</i>	<i>200</i>

Preparation

You may choose red oranges from Sicily.

Carefully peel the oranges.

Take care of ripping even the internal white peel.

Cut the slices and lay them down on a big plate. Then add the black olives dressed with oil and salt.