

CANTALOUPE AND RASBERRIES

Ingredients for 4 people

<i>1 kg of cantaloupe</i>	<i>0</i>
<i>300 grams of raspberries</i>	<i>400</i>
<i>75 grams of sugar</i>	<i>0</i>
<i>50 grams of Kirsh</i>	<i>100</i>
<i>total calories (about)</i>	<i>500</i>

Preparation

Washed the cantaloupe and cut its top keeping the rest of the body, which will be the container. Keep the top. Clean the cantaloupe from seeds and remove the inside cutting it in small pieces. In a bowl, put some raspberries, sugar and the kirsch.

Leave the compound in the refrigerator for at least 1 hour.

Shortly before serving overturned the compound in the cantaloupe, cover it with the top lid and then, to garnish it, put a fresh rose and some cantaloupe sorbet on one side!