

## RED VEGETABLE PINZIMONIO

### Ingredients for 6 people

<i>6 tomatoes</i>	<i>10</i>
<i>3 red pepper</i>	<i>20</i>
<i>1 red chicory from Verona</i>	<i>20</i>
<i>6 carrots</i>	<i>20</i>
<i>large radishes</i>	
<i>salt and pepper as you prefer</i>	
<i>total calories (about)</i>	<i>70</i>

### Preparation

Divide the pepper in 4 parts and clean them very accurately. Cut in slices, not too small.

Also clean the carrots and reduce them into segments.

Eliminate the external leaves of the chicory; divide it in 6 parts, holding the leaves joined.

Remove the less soft leaves and the roots of radishes.

Rinse all the vegetable in abundant running water, drain and dry them with a cloth.

Cut the tomatoes in pieces, eliminating the seeds. Arrange all the vegetables in a salad bowl.

Prepared small cups with a compound of oil of olive, balsamic vinegar, salt and pepper.