

SANGRIA

Ingredients for 4 people

- a bottle of dry Bonarda
- a can of tonic water
- 4 spoons of sugar
- 8 cut and sliced strawberries
- ¼ of pineapple cut in small pieces
- 2 ripe peaches cut in small pieces
- soft fruits
- a ripe apple cut in small pieces

Preparation

It needs to be served cool, between 8 and 10 degrees, and it has to be placed in the centre of the table so that everybody can reach it.

Use a tureen, which works perfectly fine: it is a kind of demijohn with a wide upper opening that allows taking the sangria with a suitable ladle.

Serve also the fruits otherwise they will remain on the bottom.

If it is cool enough, as it should, you will risk to drink too much of it without realizing it.