

INTEGRATION OF THE TECHNIQUES OF AESTHETIC AND DENTISTRY MEDICINE IN THE "AESTHETIC THERAPY" OF THE FACE AND SMILE.

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INTRODUCTION:

Modern dentistry is above all cosmetic dentistry, which integrates harmoniously with the aesthetics of the face and smile. As many will know, I wrote a book on the subject and everyone can read it in the preface, the philosophy that I believe is right.

To know more:

<https://www.youtube.com/watchv=7677Su6heEw>

Therefore, it is no coincidence that the growing interest in the medical and cosmetic surgery techniques to complete and optimize treatment plans, now no longer just dental.

The face is the privileged means of human relationships.

His mimicry expresses thought as much as words and its beauty is more important than that of any other part of the body.

BUT WHAT DETERMINES ITS BEAUTY OR UGLINESS?

Although it is impossible to reduce to a standardized scheme human beauty, generally three are considered the most important factors to refer to.

The first is the harmony of the forms: "golden number" or "divine proportion" to which artists of every age have been inspired in their representations.

The second factor of beauty is the appearance of its skin surface: smooth, uniform ...

The third element is the expressive quality of the face: some traits symbolize an 'idea or a feeling and make our emotions absolutely unique and unrepeatable.

In addition to this there is also a concept of "Attractiveness" which expresses a slightly different concept related in particular with our aesthetic medicine techniques.

We will definitely talk about it in an upcoming news!

In reality it is not all just so schematic. Some psychologists, for example, have linked eye movement and visual perception, drawing some interesting considerations. We start talking about "regions of interest", "significant points of fixation" (corners of the image such as the labial commissure and the lateral and medial song; points of maximum curvature: concavity as the root of the nose and the labio-mental groove and convexity as tip of the nose, upper and lower lip, chin), of "curves unpredictable contours" (curvatures that change in different viewing positions).

The analysis of the smile and of the multiple regions of face and neck are the starting point of the treatment plans of aesthetic dentistry and aesthetic and maxillofacial surgery.

However, the lower third of the face remains significantly influencing the overall aesthetic appearance.

It all starts with a smile and a nice smile can help overcome barriers and obstacles that are sometimes insuperable.

Every day, patients ask me to improve their appearance by acting not only on the teeth but also on the lips and peri-oral tissues, as well as on the skin of the entire face.

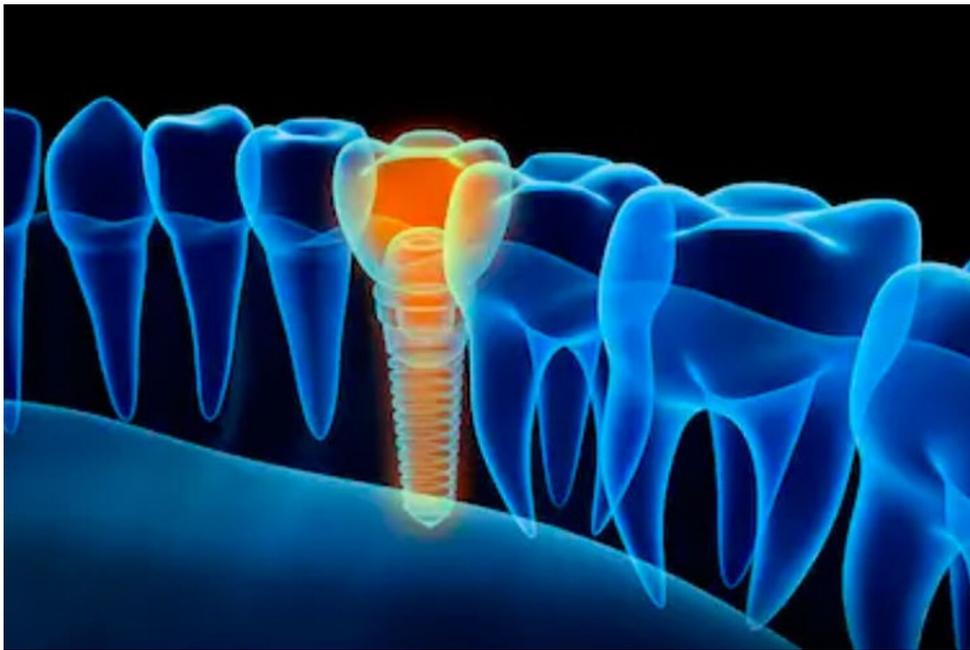


At the dental level there are many possibilities, starting from the always current techniques of outpatient whitening, using different and non-aggressive materials and methods, with acceptable and permanent results (never definitive).

The secret of success is to have perfectly clean teeth and maintained as such, not sensitive, not having prostheses that can affect the choice of the final color, not having composites ("white" fillings) extended (which would not change with bleaching would remain of a different color).

To improve the aesthetics it is advisable to rebuild the old pigmented or metallic fillings with composite or ceramic materials, to renew the part of the missing tooth (with inlays, veneers, capsules).

The replacement of absent teeth with is predictable success implants (new titanium roots) on which to build prosthetic artifacts that allow a perfect functional rehabilitation, as well as beautiful.



Still, to help achieve a good result are orthodontics (realignment and / or displacement of the teeth), gingival surgery (to change the portion of gum visible in the smile), orthognathic and maxillofacial surgery (to optimize the relationship between the maxillary bones and / or their support for soft tissues). From the same patients comes the request to intervene on the "frame" of their new smile. Lips, wrinkles, lack of volume, laxity, stains, new growths, superfluous hairiness, dry, dehydrated or acneic skin: there are many modifications that aging and photoaging leave on our body over time. In recent years aesthetic medicine has found new impulses and has been able to give convincing and concrete answers.

Today we can have numerous techniques, from fillers to bio-revitalization, to the modern Bio-Nutri-Lifting, a technique that allows you to nourish the tissues and simultaneously fill them in a natural and perfectly safe way.

Many are the specialties of interest that must be known or deepened following courses and post-university schools created to give a targeted professional culture.

Only in this way and by collaborating with the other beauty professionals, will we be able to guarantee excellent results and maintain in time, in patient-clients, the confidence of being able to rely on our therapies in complete safety. We are in the field of wellness medicine and, fully, in the preventive field.

It is not about filling wrinkles or swelling lips but about caring for a person. Not business, but passion and awareness of the important role we can play in maintaining and improving the status of psycho-physical health. In my study the aesthetic medicine treatment plan is proposed at the same time as the dental plan.

After a careful first visit with medical history and physical examination, skin check-up, evaluation of imperfections, there will be a careful preliminary interview for the sharing of the treatment plan and the therapeutic and maintenance protocols. Thus, alongside the "conservative" and "endodontic" therapies, "Prosthetic", we perform peelings to improve texture, brightness and color of the face.

To know more:

<https://www.youtube.com/watch?v=FBVJJfQT2IU>

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<https://www.youtube.com/channel/UCyrWWSUyRkLvZNDLgtY73BQ/featured>